

The Nanny Doctor®



Consulting Services for Families and Nannies

Dr. Lindsay Heller is The Nanny Doctor. Both a former nanny with over 10 years experience and a licensed clinical psychologist, Dr. Heller is the only consultant of her kind.

- ★ Help to identify your family's unique needs in order to select the best nanny for your family
- ★ Support through the nanny interview process
- ★ Guidance through transitions – beginnings *and* endings
- ★ Improved communication and assistance with conflict resolution
- ★ Consults between households in cases of divorced or separated parents to ensure consistency across settings and caregivers
- ★ Tips for keeping your nanny long-term
- ★ Techniques for management of behavioral and emotional difficulties
- ★ Foundation in Attachment Theory: promoting strong, healthy, secure emotional bonds between children and their caregivers

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